

COUNTY OF KENDALL, ILLINOIS
Health & Environment Committee
Monday, August 20, 2018
Meeting Minutes

CALL TO ORDER

The meeting was called to order by Chair Judy Gilmour at 8:30a.m.

ROLL CALL

Committee Members Present: Matthew Prochaska – here, Judy Gilmour – here, Member Flowers - present

Member Purcell arrived at 8:35a.m., and left the meeting at 9:01a.m.

Member Giles was Absent

Others Present: Megan Andrews, KC Soil & Water District Resource Conservationist, Matt Asselmeier, Terri Olson, Community Health Director, Dr. Amaal Tokars, Kendall County Health Department Executive Director

APPROVAL OF AGENDA – Member Prochaska made a motion to approve the agenda, second by Member Flowers. **With three members present in agreement, the motion carried.**

APPROVAL OF MEETING MINUTES – Member Flowers made a motion to approve the meeting minutes from July 16, 2018, second by Member Prochaska. **With three members present voting aye, the motion carried.**

STATUS REPORTS

- **Board of Health** – The Board of Health will meet on Tuesday, August 21st. Dr. Tokars briefed the committee on the combined meeting between the Board of Health and the County Board on July 17, 2018, saying the meeting began with a presentation on the federal perspective of what’s happening with the Opioid Epidemic by Douglas Obrien, the Regional Director of the United States Department of Health & Human Services. Dr. Tokars also gave a brief presentation on the Community Assets matrix specific to County work, followed by a dialogue based on what’s happening in the County, around Dr. Tokar’s presentation.
- **Health Department** – Dr. Tokars updated the committee on the synthetic Cannabinoids (K2 and P2), and the side effects including internal bleeding, death, increased desire for stronger drugs, increased dependency and addiction, the new Illinois public law in effect, and a short list of “designer” drugs or synthetic Cathinones.

Zika Update – Dr. Tokars reported that it has now been discovered that one in seven babies born to a mother infected with the Zika virus are diagnosed with neurological issues within

the first five years of their lives. But, Dr. Tokars also reported that the increased measures of controlling mosquitos, and educating the public on the disease, especially in the southern states, has assisted in the decreased numbers of Zika cases in the United States.

Terri Olson, Director of Community Health provided information on the safe disposal of medications, and the Drug Enforcement Agency's National TakeBack Initiative. Ms. Olson stated that 1 in 4 teens has misused or abused prescription drugs, that most get the drugs from their parents or grandparents medicine cabinets, and most affected are small children through adults aged 28.

Ms. Olson briefed the committee on outdated or unused drug disposal options, and safe used Sharps (needles, syringes, lancets, auto injectors, infusion sets, and connection needles/sets) Disposal.

Ms. Olson also briefed the committee on the DEA National Takeback Awareness Day on October 27, 2018, and County drop-off points for used medications.

- **Kendall County Soil and Water District** – Megan Andrews provided an update on new employee, Hannah Weaver and her new ideas in the AG in the Classroom program, the AG in the Classroom fundraiser held recently at a local golf course, and their participation at the Kendall County Fair.

Ms. Andrews also provided information on soil health, and educating local farmers and landowners about building organic matter into the soil, testing the soil at least once every 4-years, the no-till farming practice (farming that utilizes the crop residue to blanket the soil surface to protect it from the forces of intense rainfall and summer heat), cover crops (a green, protective blanket through the winter months or fallow times), and ways to improve soil health.

- **Water Related Groups** – Matt Asselmeier stated the NWPA is currently working on a regional level on sustainable salting programs with large malls, parking lots, strip malls, on managing and educate property managers on sensible salting practices to avoid increased salt in local streams, wells, groundwater, etc.

On a local level, NWPA is still tracking the ground water level, their data is somewhat subjective on thresholds, water entry when the water enters an area vertically, so when it rains, they aren't tracking the horizontal flow of water. They also base their data with CMAP in the use of industrial wells, and the current pull of water from aquifers. Pete Wallers is scheduled to address these issues in the County at the September Committee of the Whole meeting.

OLD BUSINESS – None

NEW BUSINESS - None

CHAIRMAN’S REPORT – Member Gilmour reminded the committee that the meetings will return to the regular meeting time of 3:00p.m. beginning on September 17, 2018.

PUBLIC COMMENT – None

ITEMS FOR COMMITTEE OF THE WHOLE – None

COUNTY BOARD ACTION ITEMS - None

EXECUTIVE SESSION – Not Needed

ADJOURNMENT – Member Prochaska made a motion to adjourn the meeting, second by Member Flowers. **With no objections, the meeting was adjourned at 9:26a.m.**

Respectfully Submitted,

Valarie McClain
Administrative Assistant and Recording Clerk