



**COUNTY OF KENDALL, ILLINOIS**  
**Health & Environment Committee**  
**County Office Building**  
**County Board Room 210**

**Monday, October 15, 2018 – 3:00p.m.**  
**MEETING AGENDA**

- 1. Call to Order**
- 2. Roll Call:** Judy Gilmour (Chair), Elizabeth Flowers (Vice Chair), Tony Giles, Matthew Prochaska, John Purcell
- 3. Approval of Agenda**
- 4. Approval of Minutes from September 17, 2018**
- 5. Status Reports**
  - Board of Health
  - Health Department
  - Soil & Water
  - Water Related Groups
  - Other Reports
- 6. Old Business**
- 7. New Business**
  - *Discussion and Approval of Resolution Reducing Behavioral Health Conditions in Jails*
- 8. Chairman's Report**
- 9. Public Comment**
- 10. Questions from the Media**
- 11. Action Items for the County Board**
- 12. Executive Session**
- 13. Adjournment**

**COUNTY OF KENDALL, ILLINOIS**  
**Health & Environment Committee**  
**Monday, September 17, 2018**  
**Meeting Minutes**

**CALL TO ORDER**

The meeting was called to order by Chair Judy Gilmour at 3:02p.m.

**ROLL CALL**

Attendee	Status	Arrived	Left Meeting
Judy Gilmour	Here		
Elizabeth Flowers	ABSENT		
Tony Giles	ABSENT		
Matthew Prochaska	Here		
John Purcell	Yes		

**Others Present:** Megan Andrews, KC Soil & Water District Resource Conservationist, Steve Curatti, Kendall County Health Department Program Administrator, Hannah Raver, KC Soil & Water District Education Coordinator, Dr. Amaal Tokars, Kendall County Health Department Executive Director

**APPROVAL OF AGENDA** – Member Prochaska made a motion to approve the agenda, second by Member Purcell. **With three members present in agreement, the motion carried.**

**APPROVAL OF MEETING MINUTES** – Member Prochaska made a motion to approve the meeting minutes from August 20, 2018, second by Member Purcell. **With three members present voting aye, the motion carried.**

**STATUS REPORTS**

- **Board of Health** – Dr. Tokars briefed the committee on the new Grants Accountability and Transparency Act (GATA), and stated that the Health Department has developed standards of conduct and ethics training for their staff as a result of this act. The Board of Health will review this information at their meeting on Tuesday, September 18, 2018.
- **Health Department** – Steve Curatti provided information on the Low Income Home Energy Assistance Program (LIHEAP) available through the County’s Health Department. Mr. Curatti briefed the committee on the various client phases – Phase I (begins October 1): Seniors and those with disabilities, Phase II (begins November 1) – any families who meet the eligibility requirements who have a child or children age 5 and under, and Phase III

(begins December 1) – open enrollment for the remainder of the community that are eligibility that are 150percent of poverty or under. Mr. Curatti also showed committee members the Energy Savings Kit that clients receive from ComEd through the Health Department, that consisted of a power strip, an LED Night Light, two Low-Flow devices, and 6 LED lightbulbs, as well as information on additional energy conservation measures.

- **Kendall County Soil and Water District** – Megan Andrews provided their current newsletter, and reminded the committee about the upcoming Tree Sale on September 26<sup>th</sup>, and the Fish Sale on October 12<sup>th</sup>.

Ms. Andrews and Ms. Raver will both host a conservation station at the Grundy County Resource Tour this this week.

Ms. Raver provided an update on this year's AG in the Classroom schedule, the schools she's reached out to thus far, and stated that the theme for September and October will be "Apples and Pollinators", and will involve games, demonstrations and student involvement. Ms. Raver plans to reach every second grade class in Kendall County this year.

- **Water Related Groups** – No report

**OLD BUSINESS** – None

**NEW BUSINESS** - None

**CHAIRMAN'S REPORT** – No report

**PUBLIC COMMENT** – None

**ITEMS FOR COMMITTEE OF THE WHOLE** – None

**COUNTY BOARD ACTION ITEMS** - None

**EXECUTIVE SESSION** – Not Needed

**ADJOURNMENT** – Member Prochaska made a motion to adjourn the meeting, second by Member Purcell. **With no objections, the meeting was adjourned at 3:39p.m.**

Respectfully Submitted,

Valarie McClain  
Administrative Assistant and Recording Clerk

**COUNTY OF KENDALL**

**RESOLUTION 2018-\_\_\_\_\_**

**RESOLUTION REDUCING BEHAVIORAL HEALTH CONDITIONS IN JAILS**

**WHEREAS**, Kendall County provides assessment, crisis, education, treatment, and aftercare services to persons in the Kendall County jail with diverse behavioral health conditions, and

**WHEREAS**, The increasing number of individuals with mental health and substance use conditions in the criminal justice system has enormous fiscal, health, and human costs, and

**WHEREAS**, almost three-quarters of adults in jails have co-occurring substance use disorders; and

**WHEREAS**, adults with behavioral health struggles are at a higher risk of recidivism than people without these disorders; and

**WHEREAS**, adults with behavioral health conditions require high quality interventions and treatment, which are made available to inmates through the commitment of the Kendall County Sheriff's Office and the Kendall County Health Department; and

**WHEREAS**, persons with behavioral health conditions often cycle through the criminal justice system, the human needs of such persons are recognized and referred to appropriate treatment and services; and

**WHEREAS**, Kendall County Sheriff's Office takes pride in enhancing the health and welfare of inmates through access to health as well as faith-based supports; and

**WHEREAS**, the Kendall County Sheriff's Office and the Kendall County Health Department have developed an innovative partnership to include, assessment, crisis, education, treatment, aftercare services, and deputy training; which helps such persons stay out of jail; and

**NOW, THEREFORE, BE IT BE RESOLVED**, that the Kendall County Board supports such actions of efficacy that reduce behavioral health conditions in jails, commit to sharing lessons learned, as well as educate county officials, employees, and residents on the impact of mental health and substance use conditions on our community, as well as to:

- Draw upon local leadership commitment to provide assessment, crisis, education, treatment, and aftercare services to persons in the Kendall County jail with diverse behavioral health conditions.
- Conduct initial review of prevalence information to identify community trends with regard to diverse mental health and substance use conditions.
- Collect initial review of prevalence information as well as identify persons in incarceration with diverse mental health and substance use conditions.
- Examine treatment and service participation to determine which linkage processes produce the most efficient and efficacious outcomes.
- Study the outcome management measurable outcomes that draw upon screening and assessment of behavioral health conditions.

**BE IT FURTHER RESOLVED**, that the County Clerk be directed to transmit copies of this resolution to the Office of the County Sheriff, the Kendall County Board of Health, Executive Director of the National Association of Counties, and the County Administrator.

Approved and adopted by the County Board of Kendall County, Illinois, this \_\_\_\_\_ day of \_\_\_\_\_, 2018.

Kendall County Board  
Chairman Signature:

Attest:

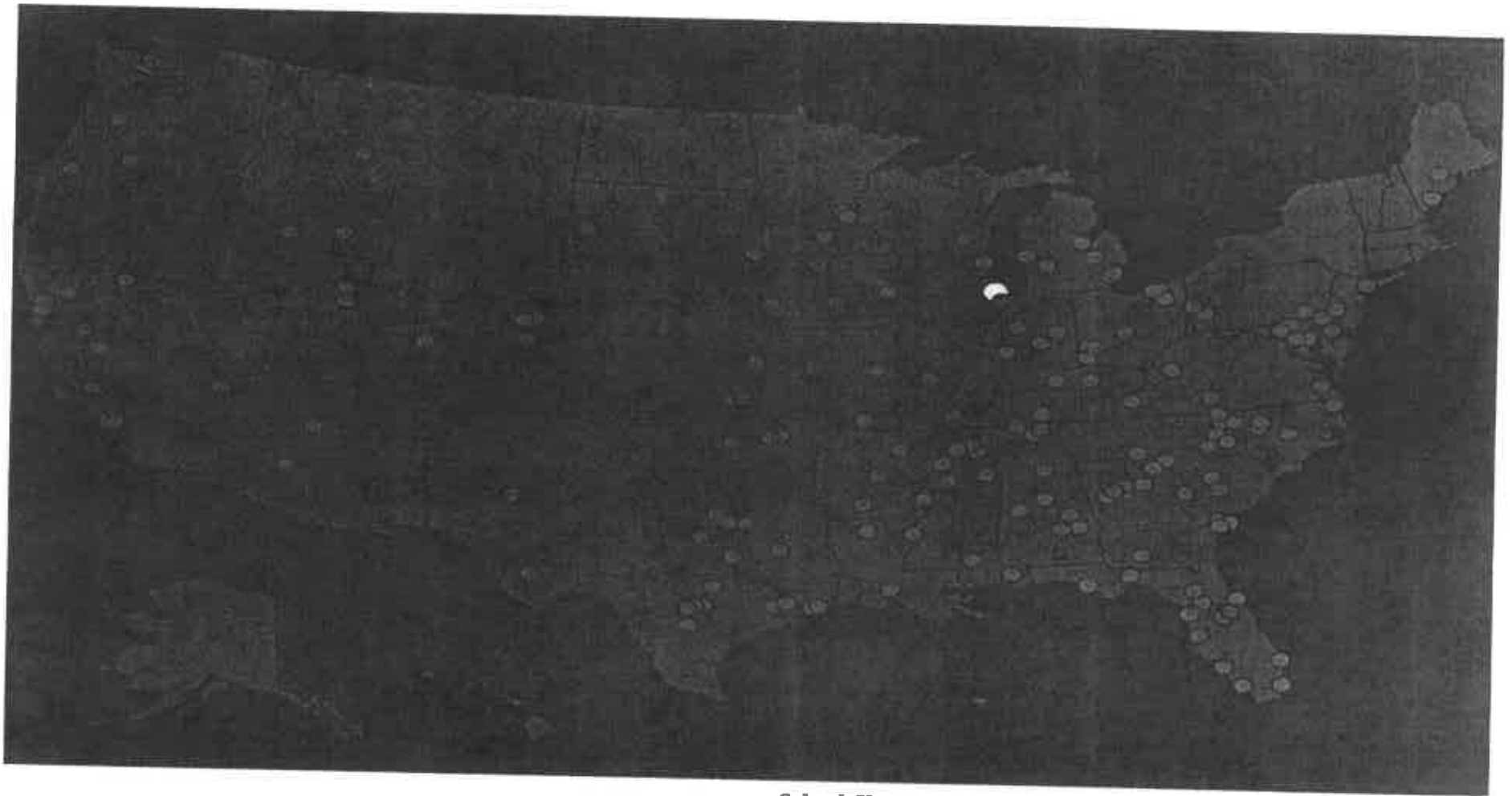
\_\_\_\_\_  
Scott Gryder, Chairman  
Kendall County Board

\_\_\_\_\_  
Debbie Gillette  
Kendall County Clerk

**VIOLENCE PREVENTION WORKSHOP**  
Presented by Health Dept. on Oct. 12, 2018

**SECURING THE WORKSPACE**

1. Check in / Sign in & out
2. One single public entrance
3. Multiple egress (*for fire and emergency exits*)
4. Public access to specific areas or offices (*includes former employees*)
5. Camera access, and access to cameras (*on everyone's computers*)
6. Phone and window labeling, room numbers or names
7. Establish emergency protocols and training for safety (*needs commitment from everyone*)
  - fire drills (not generic)
  - tornado drills, (*established safe areas for shelter*)
  - shooter drills
  - hot buttons on phones - goes directly to 911
  - intercom codes
  - doors & windows (*locks, wedges, bars, punch pens*)
  - "Be a monkey, not an elephant"



*School Shootings Everytown Research, 2013-2016*

Kendall County Health Department  
*Dr. Amaal Tokars*  
10/12/18

## **2018 Violence Prevention Presentation**

# Mass Homicide Myth

In the 1980's one of the earliest systematic examinations of mass murder incidents challenged the widespread view in the popular press and professional literature that mass murderers are crazed lunatics who suddenly snap, go berserk, and kill indiscriminately.

Over the past few decades this notion has persisted, at least in the public's mind, in large part because of the selective attention to the most extreme and unusual cases.

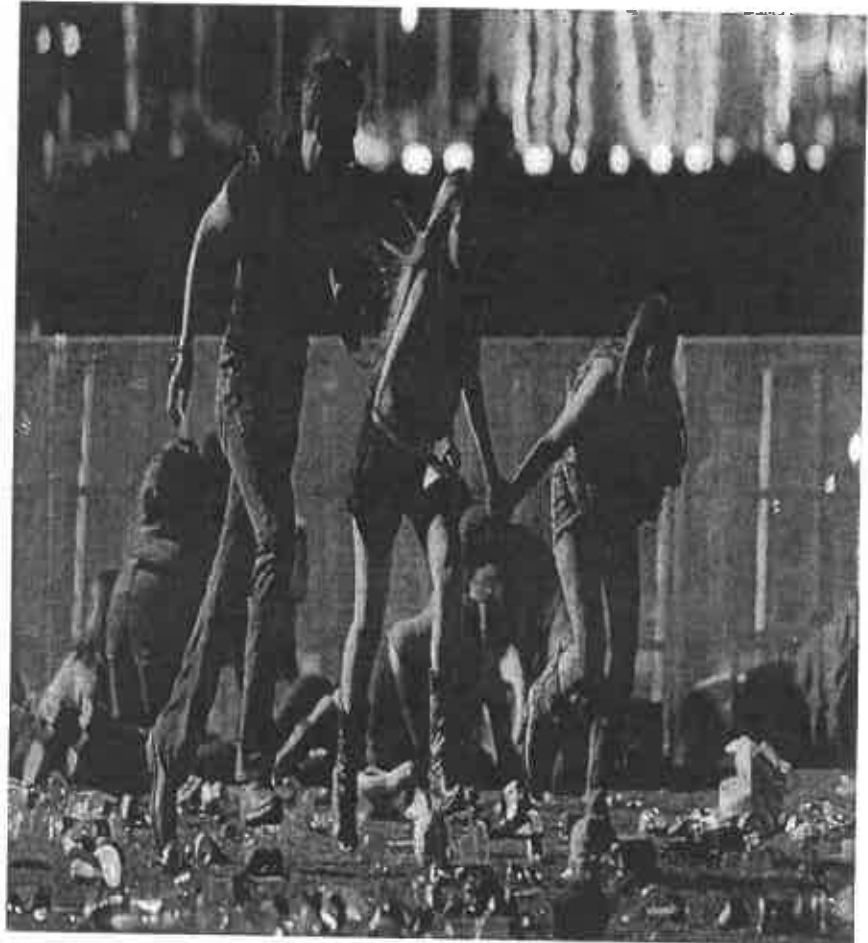
However, mass murder does not usually involve a sudden explosion of rage.

Mass killers typically plan their assaults for days, weeks, or months.

Preparations include where, when, and who to kill, as well as with what weapons they will strike.

Assailants are deliberate, determined to kill, with little regard for what obstacles are placed in their path.

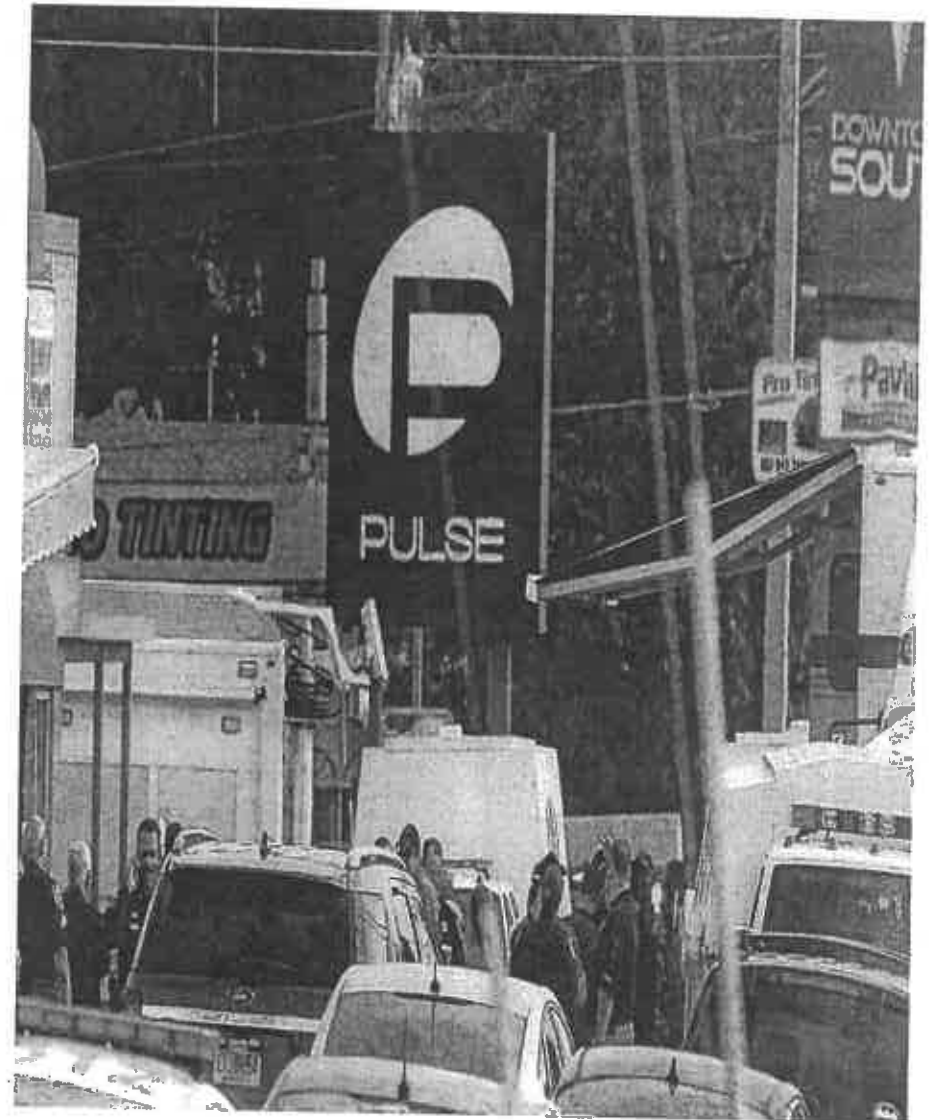
*Homicide Studies, 2014*





# Potential Indicators of Violence

- ▣ Lethal weapons availability
- ▣ Extreme fundamentalism
- ▣ Romanticizing violence
- ▣ *National Consortium for the Study of Terrorism, 2016*
  
- ▣ A willingness to use force or violence
- ▣ *Center for Strategic and International Studies, 2016*



# Be Observant of Potential Indicators

- ▣ Escalation of agitation
- ▣ Talk of previous violence
- ▣ Justification of violence
- ▣ Talking up weapons
- ▣ Extreme fundamentalism
  
- ▣ Any action or conduct that raises a concern of danger or violence should be clearly and promptly reported.
  
- ▣ *Kendall County Health Department Emergency Protocols, 2018*



# Securing and Surveying the Scene

## Essential Principles

- ▣ Every person surveys the scene
- ▣ Anywhere anytime
- ▣ Cultural competence and respectfulness
- ▣ Check in/sign in
- ▣ Access is specific to business/service
- ▣ Camera access / access to camera
- ▣ Streamline entry
- ▣ Multiple egress
- ▣ Phone and window labeling
- ▣ Protocols/Training

**You are invited to attend a  
KENDALL COUNTY DRUG COURT**

**Graduation Ceremony**

honoring participants who have successfully  
completed the program.



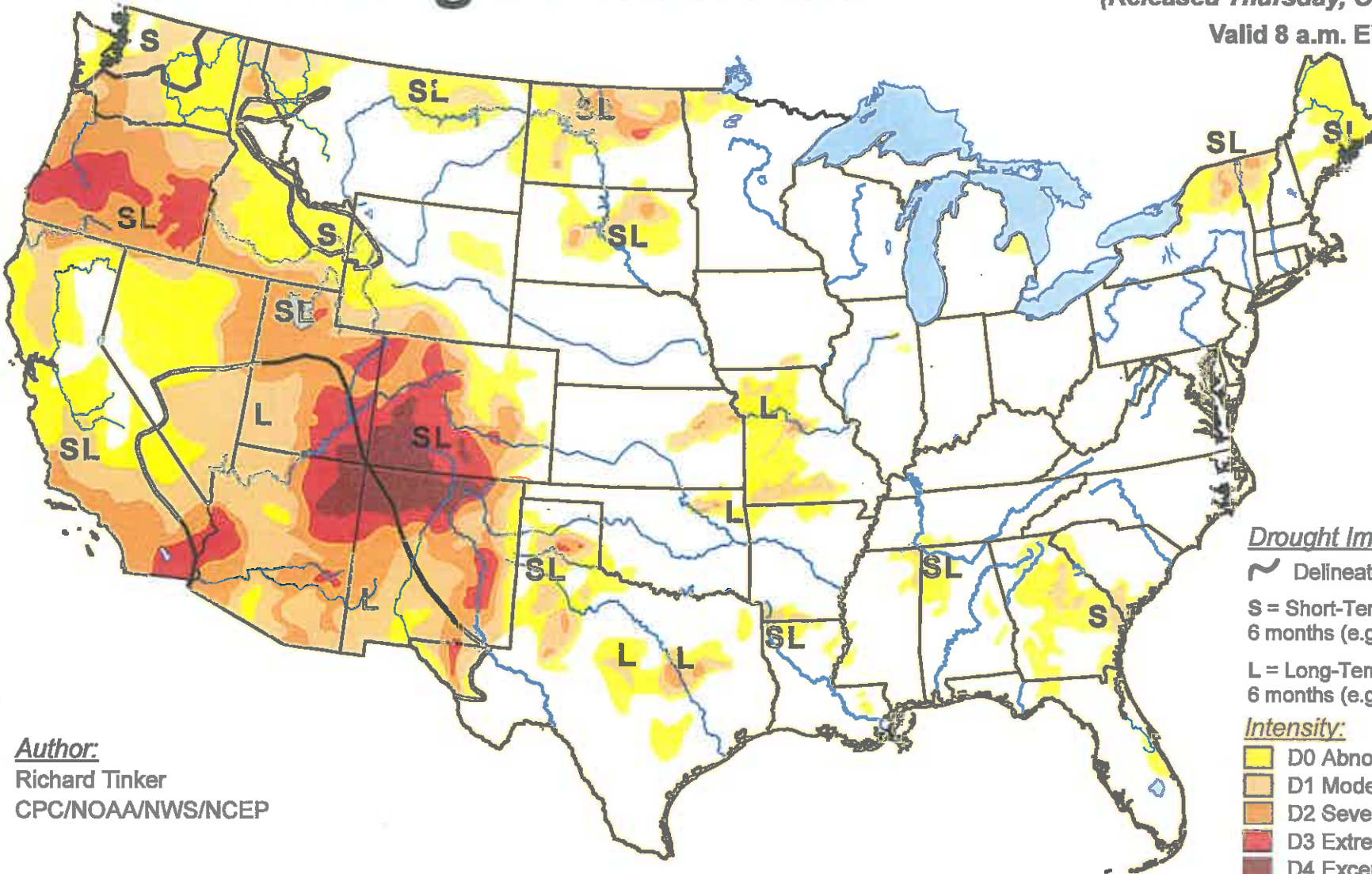
Friday, November 2<sup>nd</sup>, 2018 at 1pm  
Meadowhawk Lodge  
11285 Fox Road  
Yorkville, IL 60560

*Please join us for a reception following the ceremony*

# U.S. Drought Monitor

October 9, 2018  
(Released Thursday, Oct. 11, 2018)

Valid 8 a.m. EDT








### Drought Impact Types:

~ Delineates dominant impacts

S = Short-Term, typically less than 6 months (e.g. agriculture, grasslands)

L = Long-Term, typically greater than 6 months (e.g. hydrology, ecology)

### Intensity:

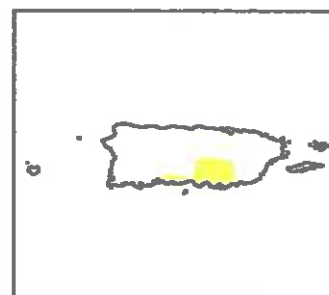
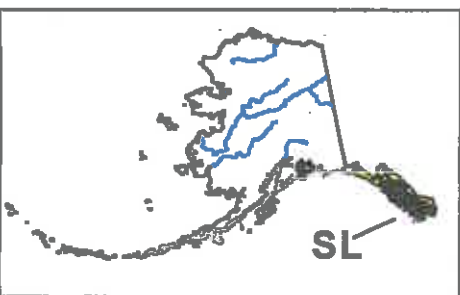
-  D0 Abnormally Dry
-  D1 Moderate Drought
-  D2 Severe Drought
-  D3 Extreme Drought
-  D4 Exceptional Drought

Author:  
Richard Tinker  
CPC/NOAA/NWS/NCEP

The Drought Monitor focuses on broad-scale conditions. Local conditions may vary. See accompanying text summary for forecast statements.



<http://droughtmonitor.unl.edu/>





# *Unlock* **THE BASICS.**

Healthy, fully functioning soil provides an environment that sustains and nourishes plants, soil microbes and beneficial insects. Managing for soil health is one of the easiest and most effective ways for farmers to increase crop productivity and profitability while improving the environment. Positive results are often realized immediately and last well into the future.

Soil is made up of air, water, decayed plant residue, organic matter from living and dead organisms, and mineral matter, such as sand, silt, and clay. Increasing soil organic matter typically improves soil health since organic matter affects several critical soil functions, including nutrient cycling and water-holding capacity. Healthy soils are porous and allow air and water to move freely through them.

## **Here's how to improve soil health:**

- Disturb the soil as little as possible,
- Grow many different species of plants through rotations and a diverse mixture of cover crops,
- Plant cover crops around harvest to keep living roots growing in the soil for as much of the year as possible, and
- Keep the soil surface covered with residue year round.

# *Unlock* **THE BENEFITS.**

Farmers who manage their land in ways that improve and sustain soil health benefit from fewer inputs, sustainable outputs, and increased resiliency. Healthy soils benefit all producers – from large, row-crop operations to small, organic vegetable farms.

## **Healthy soils lead to:**

- **INCREASED PRODUCTION** – organic matter increases and soil organisms flourish, both of which improve soil structure, aeration, water retention, drainage and nutrient availability.
- **INCREASED PROFITS** – tillage reduction or elimination means fewer passes over fields, and healthy soils rely less on fertilizers and pesticides.
- **NATURAL RESOURCE PROTECTION** – healthy soils hold more water for use by plants. The soil's water-holding capacity reduces runoff that can cause flooding and increases the availability of water to plants during droughts. By holding more water, nutrients, and pesticides, healthy soils reduce nutrient and pesticide losses to lakes, rivers, and streams. Groundwater is also protected because there can be less leaching from healthy soils. Additionally, fewer trips across fields with farm machinery mean fewer emissions and better air quality.

For more information on NRCS programs, go to: [www.nrcs.usda.gov](http://www.nrcs.usda.gov)

Natural Resources Conservation Service (NRCS)  
Originally established by Congress in 1935 as the Soil Conservation Service (SCS), NRCS today  
as become a conservation leader for all natural resources, ensuring private lands are conserved,  
restored, and more resilient to environmental challenges, like climate change.  
Twenty percent of the land in the contiguous United States is privately owned, making stewardship by  
private landowners absolutely critical to the health of our Nation's environment.  
NRCS works with landowners through conservation planning and assistance designed to benefit the  
soil, water, air, plants, and animals that result in productive lands and healthy ecosystems.

# unlock your farm's potential



### SOIL HEALTH MANAGEMENT.

Implementing Soil Health Management Systems can lead to increased organic matter and soil organisms, reduced soil compaction, and improved nutrient storage and cycling. As an added bonus, fully functioning, healthy soils absorb and retain more water, making them less susceptible to runoff and erosion. This means more water will be available for crops when they need it. Soil Health Management Systems allow farmers to enjoy profits because they spend less on fuel and energy and they produce higher crop yields from improved soil conditions.



### DIG A LITTLE. LEARN A LOT.

Soil is a living system, and it should look, smell, and feel alive. Dig in to discover what your soil can tell you about its health and production potential. Healthy soil looks dark, crumbly, and porous and is home to worms and other organisms that squirm, creep, hop, or crawl. Healthy soil smells sweet and earthy. It feels soft, moist, and friable and allows plant roots to grow unimpeded.



### DO NOT DISTURB.

The soil's natural biological cycles and structure can be disrupted through tillage, improper chemical disturbance, or excessive livestock grazing. By managing, reducing, or eliminating these activities, farmers will benefit from better plant growth, reduced soil erosion, increased profit margins, and better wildlife habitat.



### DISCOVER THE COVER.

Biodiversity—growing more plants in rotation—increases the success of most agricultural systems. Diversity above ground improves diversity below ground. Using cover crops and increasing crop rotation diversity help restore soil health, protect against erosion and groundwater leaching, and provide livestock feed and wildlife habitat.

Contact your local Natural Resources Conservation Service (NRCS) office to learn more about Soil Health Management Systems and the technical and financial assistance available to help “Unlock the Secrets in the Soil.”

Go online at: [www.nrcs.usda.gov](http://www.nrcs.usda.gov) or visit your local NRCS office.