

COUNTY OF KENDALL, ILLINOIS
Health & Environment Committee
Monday, December 18, 2017
Meeting Minutes

CALL TO ORDER

The meeting was called to order by Chair Judy Gilmour at 3:00p.m.

ROLL CALL

Committee Members Present: Matthew Prochaska – here, Judy Gilmour – here, Tony Giles – here

Member Purcell arrived at 3:14p.m.

Members Absent: Elizabeth Flowers

Others Present: Megan Andrews, KC Soil & Water District, Steve Curatti, KC Health Department, Terri Olson, KC Health Department Community Services Director, Dr. Amaal Tokars, KC Health Department, Jenny Wold, KC Soil & Water District

APPROVAL OF AGENDA – Member Prochaska made a motion to approve the agenda, second by Member Giles. **With three members present in agreement, the motion carried.**

APPROVAL OF MEETING MINUTES – Member Prochaska made a motion to approve the meeting minutes from September 18, 2017, second by Member Giles. **With three members present voting aye, the motion carried.**

STATUS REPORTS

- **Board of Health** – Member Giles reported the main item was the requested benefit contribution to the County Board. Member Giles reported that the Board of Health does not meet in December.
- **Health Department** – Terri Olson, Health Department Community Health Services Director, briefed the committee on Nutritional Planning, and included information on parental influence on eating behaviors, national trends and statistics for overweight and obesity, The Health Department approach to nutrition, and include a thorough nutrition assessment and analysis of the data for each client, education on prevention, the benefits of breastfeeding, and the division of responsibility of feeding – parents have the responsibility of What, When, and Where; and the child is responsible for How Much and Whether to eat.

Ms. Olson also informed the committee about the innovative nutritional programs offered through Community Health Services, including “Sense”ational Serenity Garden, My Little Garden Children’s guide, Cooking Presentations, Educational Nutritional Classes, and Pop-Up Grocery Store (learning label nutritional facts).

- **Kendall County Soil and Water District** – Jenny Wold provided information on the nutritional newspapers that she distributes four times a year to every second grader in the County, she covers dairy operation, crop farms, food production, water sheds, water conservation, and other Ag related topics.

Ms. Wold also briefed the committee on the Teacher Workshops in the summer, and said they will now go through St. Francis College for the program.

Megan Andrews informed the committee on upcoming 2018 Conservation Cropping Seminars, and other events that will be occurring in 2018.

OLD BUSINESS – None

NEW BUSINESS

Approval of 2018 Committee Meeting Schedule – Member Prochaska made a motion to approve the 2018 meeting schedule as presented, second by Member Giles. **With four members present voting aye, the motion carried.**

CHAIRMAN’S REPORT – Member Gilmour reported that the Solid Waste Committee met in November, with approximately 20 community leaders and citizens in attendance, and several local commercial kitchens were recognized for their outstanding job in recycling.

Steve Curatti reported that some of the goals and objectives the committee is meeting and implementing include Community Outreach, Education, Legislation, Source Reduction, Recycling, and Waste to Energy.

PUBLIC COMMENT – None

ITEMS FOR COMMITTEE OF THE WHOLE – None

COUNTY BOARD ACTION ITEMS - None

EXECUTIVE SESSION – Not Needed

ADJOURNMENT – Member Prochaska made a motion to adjourn the meeting, second by Member Giles. **The meeting was adjourned at 3:45p.m.**

Respectfully Submitted,

Valarie McClain
Administrative Assistant and Recording Secretary