

COUNTY OF KENDALL, ILLINOIS
Health & Environment Committee
County Office Building
County Board Rooms 209-210

Monday, May 16, 2016 - 9:00a.m.
MEETING AGENDA

1. Call to Order
2. Roll Call: Matthew Prochaska, John Purcell, Judy Gilmour, Dan Koukol, Elizabeth Flowers,
3. Approval of Agenda
4. Approval of Minutes from March 21, 2016
5. Status Reports
 - Health Department
 - Soil & Water
 - Water Related Groups
 - Other Reports
6. Old Business
7. New Business
8. Chairman's Report
9. Public Comment
10. Questions from the Media
11. Action Items
12. Executive Session
13. Adjournment

COUNTY OF KENDALL, ILLINOIS
Health & Environment Committee
Monday, March 21, 2016
Meeting Minutes

CALL TO ORDER

The meeting was called to order by Chair Judy Gilmour at 9:00a.m.

ROLL CALL

Committee Members Present: Matthew Prochaska - here, Judy Gilmour – here, John Purcell – present

Elizabeth Flowers arrived at 9:07a.m.

Committee Members Absent: Dan Koukol

Others Present: Megan Andrews, KC Soil & Water District, Dr. Amaal Tokars, KC Health Department Executive Director, and Jeff Wilkins

APPROVAL OF AGENDA –Member Prochaska made a motion to approve the agenda, second by Member Purcell. **With all in agreement, the motion carried.**

APPROVAL OF MEETING MINUTES – Member Prochaska made a motion to approve the meeting minutes from December 21, 2015, second by Member Purcell. **With all in agreement, the motion carried.**

STATUS REPORTS

- **Health Department** – Dr. Tokars distributed the Health Department annual report, and stated that the community partners have developed the following priorities:
 - ❖ Increase community population opportunities for access to oral health care
 - ❖ Decrease community population potential exposure to Lyme Disease
 - ❖ Connect Seniors to assets that reduce socio-economic duress and mental health support

Dr. Tokars also shared the related vision statement: *Complete health includes social well being, mental health, environmental health, and physical health. To this end; as we aspire to educate, motivate, inspire, and empower citizens of Kendall County to make healthy choices.*

The Health Department Mission Statement is to provide population based programs and services to promote physical, mental and environmental health, protect the community's health, prevent disease and promote family self-sufficiency.

Dr. Tokars reviewed several specific areas of concern including Lyme disease, Syphilis, and Chlamydia, which are all on the rise in the country and in Kendall County. Dr. Tokars also shared the various services and programs provided by Health Department personnel.

Dr. Tokars reported that they hosted a talk on Water Well Drilling in February 2016. Dr. Tokars stated that the invited speaker addressed why the state is monitoring a monitoring well in southern Kendall County. Dr. Tokars explained that there is a fault line in the corner of Kendall County, which disrupts the flow of underground water from Kendall County towards Will County.

Dr. Tokars said there are two monitoring wells drilled here, one shallow and one deep to establish the water levels in the southern part of the county prior to the installation of high-capacity wells. Dr. Tokars said there are mostly residential wells in that part of the county. High-Capacity wells would draw from those aquifers, and the state wants to monitor the ability for water to move underground prior to high-capacity wells from industry, like in Will County. They also want to better understand the potential impact of residential wells on this fault line, and they want to look at water level differences between the shallow and deep sandstone aquifers.

Dr. Tokars the state is also monitoring these throughout the Chicago metropolitan area. This is primarily due to the shift land mass around that fault line, and to study that prior to growth so we can understand how it affects the uptake of water for residential wells, what would be the potential impact if there were higher capacity wells, and would we have the capacity for that in the long term.

Dr. Tokars also reported that the Kendall County Health Department was ranked second in the health ranking for the State of Illinois, but still has a great deal to work on. She explained that the ranking is done by the University of Wisconsin, and that the ranking is the propensity for Kendall County residents to be healthy based on a number of indicators including median income, access to healthcare, presence of mental health services, access to healthy food options, the presence of primary care services, abuse of alcohol, obesity, chlamydia, socio-economic duress of families with children, and the unemployment rate. Dr. Tokars said that there are many areas that need to be worked on in Kendall County.

Dr. Tokars said that they provided a great deal of information out earlier in the winter for the citizens on lead exposure. Dr. Tokars said the primary cause of exposure for children is still older paint. There are other sources of exposure including some imported candies, cosmetics, work environments and water. Dr. Tokars said there is also information available on the Health Department website, and in the Health Department. Dr. Tokars said there are very inexpensive paint testing kits available at any hardware store. She said if they are doing abatement, they should hire a professional.

Dr. Tokars shared another health concern, and said the Zika Disease now presenting a worrisome twist for healthcare professionals, in that it is now being transmitted by infected tropical Aedes species mosquitos. Dr. Tokars said that although the Zika disease was first

discovered in the early 1940's in Africa, currently the transmission is occurring in South and Central America, the Caribbean Islands, and the Pacific Islands. Unfortunately, there are people that already have it transmitted in them from all over the World, including the United States, and the twist is that it can now be transmitted through sexual relations, and potentially on to unborn fetuses. Dr. Tokars said there is much for the Health Department to understand and learn about this sickness and its transmission.

- **Kendall County Soil and Water District** – Megan Andrews reported three upcoming workshops being hosted by the District:

Thursday, March 24 th	AG Drainage Management Workshop
Tuesday, March 29 th	Nutrient Management Workshop: Getting to know the Nutrient Loss Reduction Strategy
Friday, April 8 th	Soil Erosion and Sediment Control Workshop

Ms. Andrews updated the committee on the Ag in the Classroom program conducted by Jenny Wold throughout the County, and the upcoming Farm Camp.

Ms. Andrews also said they will be holding the Fish and Tree Sales in the next few months.

- **Water Related Groups** – No report

OLD BUSINESS – None

NEW BUSINESS

- *Approval of the Amendment to the Kendall County Food Establishment Sanitation Ordinance (ORD 98-19), the Kendall County Private Sewage Disposal Ordinance (Ord 04-22), and Kendall County Water Supplies Ordinance (Ord 2008-46)* – Chair Gilmour explained the amendment to the three original ordinances, stating that Article II would be inserted into the three existing ordinances, eliminating the need for the C County Board Oversight Restoration Ordinance proposed in late 2015. Motion made by Member Prochaska, second by Member Purcell to forward to the Board for approval. Discussion followed. There was consensus by the committee to wait for the final document before making any decisions or forwarding the item for final approval. **This item will be added to the April meeting agenda.**
- *Approval of the Rain Barrel Month Proclamation* – Member Flowers made a motion to approve, second by Member Purcell. **With all members voting aye, the motion carried.**

- *Approval of the Direct Sales of Baked Goods from Home Kitchen Operations Ordinance – Member Prochaska made a motion to approve the Direct Sales of Baked Goods from home Kitchen Operations Ordinance, second by Member Purcell. With Members Gilmour Prochaska and Purcell voting aye, and Member Flowers voting nay, the motion passed.*

CHAIRMAN’S REPORT – Chair Gilmour reported that Fox Metro will be land applying anaerobically digested municipal bio solids on farm fields located at Walker and Brisbin Roads (property owned by Fox Metro), Route 126 & Hopkins Road (Hopkins Farm), and Wheeler and Ridge Roads (Hambly Farm) in the near future.

PUBLIC COMMENT – None

ACTION ITEMS

- ❖ *Approval of the Rain Barrel Month Proclamation*
- ❖ *Approval of the Direct Sales of Baked Goods from Home Kitchen Operations Ordinance*

EXECUTIVE SESSION – None Needed

ADJOURNMENT- Member Flowers made a motion to adjourn the meeting, second by Member Prochaska. The meeting was adjourned at 10:24a.m.

Respectfully Submitted,
Valarie McClain, Administrative Assistant/Recording Secretary

CARF Accredited

(Commission on the Accreditation of Rehabilitation Facilities)

- Behavioral Health *Specific Population* Designation Standards
 - Children and Adolescents
 - **Criminal Justice**
- Three-Year Accreditation (April 30, 2019)
- Helping those with behavioral health needs, including alcohol or other drug abuse or addiction, or psychiatric disabilities or disorders.
- Services designed to maximize the person's ability to function effectively in the community





KENDALL COUNTY
HEALTH DEPARTMENT

Fostering Mental Health and Wellbeing among our County's Jail Population

*Presented by Steve Curatti to members of the
Kendall County Board's Health and Environment Committee
May 16, 2016*

Fostering Mental Health and Wellbeing among our County's Jail Population

- KCHD provides **individual substance abuse treatment, group psycho-education, and outreach** to male and female inmates in our county's jail.

15% of persons leaving jails and prisons are estimated to have a severe mental illness. They need medical funding, income, and housing upon release in order to avoid repeated hospitalization and corrections involvement. (NAMI, 2015)

“Conservative numbers are 25, but we think it's closer to 30 or 35 percent of our jail population that has a mental illness,” said Cook County Sheriff Tom Dart, “so we've effectively become the largest mental health hospital in the country. (Justice Center, The Council of State Governments, May 2015)

The High Cost of Recidivism

Source: State of Illinois' Illinois Sentencing Policy Advisory Council, Summer 2014

- In 2014, more than 40,000 people were convicted of felonies and 55,000 were convicted of misdemeanors in Illinois. Roughly 97% of those admitted to IDOC eventually return to the community.
 - **Forty-eight percent of those released from prison each year recidivate within three years of release and 19% will recidivate within one year of release.**
- The average cost associated with one recidivism event is \$118,746; approximately \$57,418 is attributed to the tangible and intangible costs borne by victims.
- Given current recidivism trends, over the next 5 years recidivism will cost Illinois over \$16.7 billion.

Fostering Mental Health and Wellbeing among our County's Jail Population

- Fridays a KCHD mental health clinician or our ED conducts a Health, Wellbeing and Transformation psycho-education group.
- Participation is voluntary.
- There is no direct cost to the inmate or the jail.
- Topics discussed in group fall under:
 - Whole health and wellbeing
 - Comprehensive mental health
 - Substance abuse and high-risk behavior
 - Education and employment in the change process
- General aims- Successful community reentry and prevention of recidivism
- KCHD is able to develop rapport with inmates, building trust and productive working relationships
- Participants are encouraged and many appear encouraged to seek treatment following their incarceration.

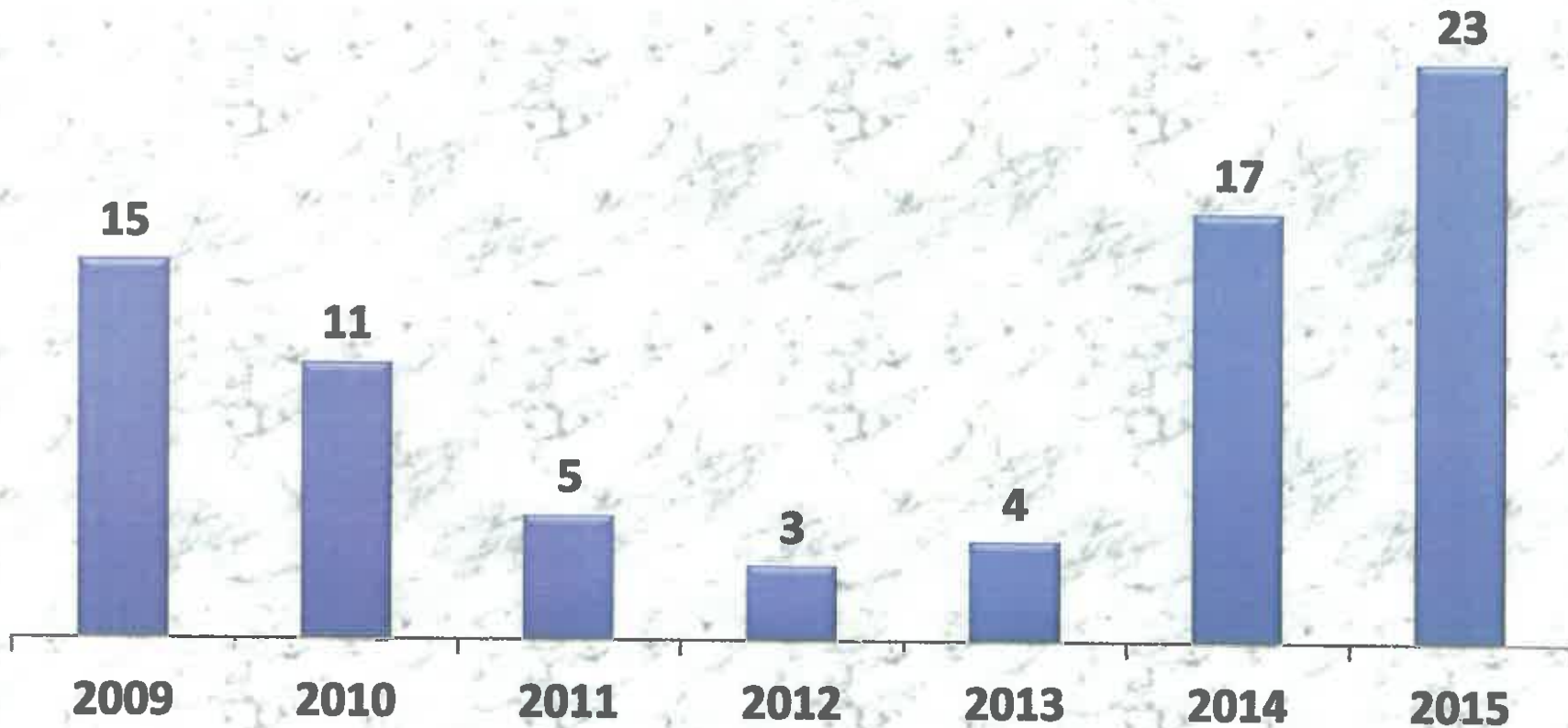


Fostering Mental Health and Wellbeing among our County's Jail Population

- KCHD MH and SA Treatment clinicians provide individual substance abuse treatment to our county jail's inmates.
- These clients are identified as having substance abuse problems and referred to KCHD, by our county jail's nurse.
- These clients, once released from jail, are encouraged to seamlessly continue receiving treatment at KCHD – and without having to repeat an initial intake and assessment.



KC Jail Inmate Intakes Performed by KCHD by Year (n= 78)



Fostering Mental Health and Wellbeing among our County's Jail Population

- KCHD clinicians are available to and have conducted many crisis and suicide interventions in the jail.
 - In 2015, KCHD clinicians performed 39 such interventions.
- Currently we are providing treatment here at KCHD to 4-6 individuals who first connected with us while serving time in jail (January 2016)
- **Successful community reentry and prevention of recidivism**

